Canada is the second largest country on Earth stretching across from the Pacific to Atlantic and in the north from the Arctic to the United States. It is made up of 10 provinces and 3 territories. The 10 provinces include Alberta, British Columbia, Manitoba, New Brunswick, Newfoundland and Labrador, Nova Scotia, Ontario, Prince Edward Island, Quebec, and Saskatchewan. The 3 territories are Northwest Territories, Nunavut, and Yukon. Canada is so vast that to really understand its biodiversity (the variety of natural life found there), you would need to look at the individual provinces, each with their own unique combination of biomes. (See the individual provinces and territories for more detailed descriptions and regional activities.)

Scientists have broken down these different ecological regions into ecozones, which describe the landforms, biological habitats, weather, animals and plants of that region. Canada has 15 ecozones that include: The Northern Arctic, Arctic Cordillera, Southern Arctic, Taiga Cordillera, Taiga Plains, Taiga Shield, Pacific Maritime, Boreal Cordillera, Montane Cordillera, Boreal Plains, Prairies, Boreal Shield, Hudson Plains, Mixedwood Plains, and Atlantic Maritime.

The **Northern Arctic** ecozone covers the islands of Nunavut and the Northwest Territories. This region is the coldest and driest part of Canada. A treeless tundra, only the hardiest mammals live here.

The **Arctic Cordillera** ecozone runs along the northeastern coast of Nunavut and Labrador. This region is a brutal but scenic landscape with lichens and icy mountains.

The **Southern Arctic** ecozone stretches across the northern edge of the Northwest Territories mainland, southern Nunavut and northern Quebec. It is the transition region between the Arctic in the north and the boreal forest to the south.

The **Taiga Cordillera** ecozone includes the northern Canadian Rockies between the Yukon and Northwest Territories. It is made up of steep mountain and high altitude tundra.

The **Taiga Plains** ecozone runs down the center of the western Northwest Territories and into northern British Columbia and Alberta. Bordered by mountains to the west, the arctic to the east, and the boreal forests to the south, this region is remote and beautiful.

This **Taiga Shield** ecozone stretches across northern Canada on either side of Hudson Bay from Alberta and the Northwest Territories though Saskatchewan, Manitoba, Quebec, Nunavut and Labrador to the Atlantic Ocean. This region is tundra in the north and moving south turns to boreal forest.

The **Pacific Maritime** ecozone runs along the western coast of British Columbia. This region has some of the wettest weather in Canada.

The **Montane Cordillera** ecozone stretches across British Columbia and a small area of southwestern Alberta. It includes British Columbia's coastal mountains, the Canadian Rockies and all the diverse habitat in between the two ranges.